

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ACTIVITY KEY:

- 1-Cognitive/ Creative,
- 2- Physical,
- 3-Productive,
- 4-Social,5- Sensory,
- 6-Reflective,
- 7-Outdoor, 8-Nature

November 2024

Nursing & Extensive Assisted Living

LOCATION KEY:AR-Assembly Room, LR-Living Room, C-Chapel

<p>9:30 Top of the Morning 10:30 Church of the Ascension Eucharistic Service AR (6) 11:30 Exercise (1,2,4) 12:00 Linked Senior (1) 2:00-3:30 Love Revival Church & Social w/ Church Members (6) 4:00 Puzzles on your Own (1,4)</p> <p style="text-align: right;">3</p> <p style="text-align: center;"><small>Daylight Saving Time Ends</small></p>	<p>10:30 Awaken the Senses (5) 10:30 Exercise Video (1,2) 11:00 Target Games (2) 11:30 Keeping it Cool Day-Before Refrigeration (1) 12:00 Linked Senior (1) 2:00 Bingo (1,4) 3:00 Make an Icebox Cake & Word Mining (3,4,5) 4:00 Fall Time Detective (1) 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">4</p>	<p>10:30 Awaken the Senses (5) 10:30 Chair Zumba w/ Peggy (2) 10:30 Travelogue (8) 11:30 Nat King Cole Day (1) 12:00 Randon Trivia Slideshow (1) 2:00 Java Music Club (1,4,5) 3:00 November Modern Jeopardy Trivia (1,4) 4:00 Linked Senior (1) 4:30 Live Piano Music w/ Sherry (1,6)</p> <p style="text-align: right;">5</p>	<p>10:00 Sophie Visits (4,5) 10:30 Awaken the Senses (5) 10:30 Travelogue-Cleveland ,Ohio (8) 10:30 Catholic Mass AR (6) 11:00 Rosary-Legion of Mary (6) 11:30 Java Time LR (1,4,5) 2:00 Devotions w/ Dave AR (6) 3:00 What Am I-MC?-Slideshow (1) 4:00 Finish the Song Title (1) 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">6</p>	<p>10:30 Communion Service w/ Chaplain Dave C (6) 10:30 Mani & Music (3,4,5) 11:30 Retro Game Shows (1,5) 12:00 Linked Senior (1) 2:00 Make Italian Pizza Muffins (3) 3:00 Name that Rock Tune (1) 4:00 November Cranium Crunches 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">7</p>	<p>10:30 Awaken the Senses (5) 10:30 Exercise & Weights (1,2) 11:30 Bowling (2) 12:00 Linked Senior (1) 2:00 All Time Favorites w/ Adrienne & Jamie (6) 3:00 Manatee Awareness Month- Documentary & Marvelous Manatee 3:30 Manatee Maze & Trivia (1) 4:00 Puzzles on your Own (1)</p> <p style="text-align: right;">8</p> <p style="text-align: center;"><small>Diwali (Hindu)</small></p>	<p>10:30 Awaken the Senses (5) 10:30 Exercise & Weights (1,2) 11:00 Corn Hole (2,4) 11:30 November IQ & November Tid Bits (1) 12:00 Linked Senior (1) 2:00 Front Porch Social (4,7) 4:00 Books & Authors Puzzle & At the Bookstore Group Crossword Puzzle (1) 4:30 Afternoon Stretches (2)</p> <p style="text-align: right;">1</p>	<p>9:30 Top of the Morning & Good Morning Visits 10:30 Exercise (1,2) 11:00 Noodle Ball (2) 11:30 Star of the Month – Burgess Meredith-Slideshow (1) 2:00 KOC Bingo & Rosary (1,4) 3:30 Give Out Bingo Prizes (3) 4:00 Puzzles on your Own (1) Don't Forget to Set your Clocks Back 1 Hour Tonight</p> <p style="text-align: right;">2</p>
<p>9:30 Top of the Morning & Visits 10:30 Church of the Ascension Eucharistic Service AR (6) 11:30 Exercise (1,2,4) 12:00 Linked Senior (1) 2:00 Gateway Sunshine Community Group Service (6) 3:15- 5:00 Movie Matinee-Resident Choice (4)</p> <p style="text-align: right;">10</p>	<p>Happy Birthday Joan! 10:30 Awaken the Senses (5) 10:30 Veteran's Day Ceremony w/ Westminster Canterbury (6) 11:30 Exercise Video (1,2) 12:00 Linked Senior (1) 2:00 Music w/ Jack (6) 3:00 Grain Month-What Am I?- Slideshow & Wheat Categories (1) 4:00 Puzzles on your own (1)</p> <p style="text-align: right;">11</p> <p style="text-align: center;"><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>10:30 Awaken the Senses (5) 10:30 Move & Groove Exercise 11:00 Java Music Club (1,4,5) 12:00 Linked Senior (1) 2:00 Cheery Chrysanthemums & Coloring Chrysanthemums (1,3) 3:00 Twang Categories (1) 4:00 Short Stories (6) 4:30 Old-Time Rock and Roll Mining (1,4)</p> <p style="text-align: right;">12</p>	<p>10:00 Sophie Visits (4,5) 10:30 Awaken the Senses (5) 10:30 National Geographic (8) 10:30 Catholic Mass AR (6) 11:00 Rosary-Legion of Mary (6) 11:30 Java Time LR (1,4,5) 2:00 Devotions w/ Author Michelle Armbrust AR (6) 3:00 Bingo (1,4) 4:00 Who are We- RS?-Slideshow (1) 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">13</p>	<p>Happy Birthday Tom! 10:00 SPCA Pet Visits (5) 10:30 Special Guest Thursday (6) 10:30 Retro TV (1,5) 11:30 Art & Music (1,3,4) 11:30 Retro Game Shows (1,5) 12:00 Linked Senior (1) 2:00 Peanut Month-Make Peanut Butter Cookies & Peanut Trivia 3:30 A Whale of a Day-Facts/Quiz 4:00 Creative Coloring- Turkey (1) 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">14</p>	<p>10:30 Awaken the Senses (5) 10:30 Exercise & Weights (1,2) 11:00 Corn Hole (2,4) 12:00 Linked Senior (1) 2:00 November Pondering and Ice Cream Sodas (4,5,6) 3:00 November Jeopardy Trivia (1) 4:00 Can you Picture This? (1,4) 4:30 Afternoon Stretches (2)</p> <p style="text-align: right;">15</p>	<p>9:30 Top of the Morning & Good Morning Visits 10:30 Exercise (1,2) 11:00 Target Games (2,4) 11:30 Linked Senior (1) 2:00 Bingo (1,4) 3:30 Give out Bingo Prizes (3) 4:00 Puzzles on your Own (1)</p> <p style="text-align: right;">16</p>	
<p>9:30 Top of the Morning & Good Morning Visits 10:30 Church of the Ascension Eucharistic Service AR (6) 11:30 Exercise (1,2,4) 12:00 Linked Senior (1) 2:00- 4:00 Movie Matinee- Resident Choice (4) 4:00 Puzzles on your Own (1)</p> <p style="text-align: right;">17</p>	<p>10:30 Awaken the Senses (5) 10:30 Exercise Video (1,2) 11:00 Target Games (2) 11:30 Reminiscing Program- Remembering Pets Cats & Dogs Slideshow (1) 2:00 Bingo (1,4) 3:00 Smaller Than a Bread Box Game & Bread Categories (1,4) 4:00 Linked Senior (1) 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">18</p>	<p>10:30 Awaken the Senses (5) 10:30 Chair Zumba w/ Peggy 10:30 Travelogue (8) 11:30 November More Jeopardy Trivia (1) 12:00 EAL Resident Council (3) 2:00 Make Pumpkin Pies (3,4,5) 3:00 Untidy Crafter Detective (1) 4:00 Word Scrambles (1) 4:30 Live Piano Music w/ Sherry (1,6)</p> <p style="text-align: right;">19</p>	<p>10:00 Sophie Visits (4,5) 10:30 Awaken the Senses (5) 10:30 National Geographic (8) 10:30 Catholic Mass AR (6) 11:00 Rosary-Legion of Mary (6) 11:30 Java Time LR (1,4,5) 11:30 NF Resident Council Meeting 2:00 Devotions w/ Dave AR (6) 3:00 POKENO (1) 4:00 Linked Senior (1) 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">20</p>	<p>10:30 Non-Denominational Service w/ Chaplain Dave AR 10:30 Retro TV (1,5) 10:30 Mani & Music (3,4,5) 11:30 Retro Game Shows (1,5) 12:00 Linked Senior (1) 2:00 Music w/ Barbara Blair (6) 3:00 Java Music Club (1,4,5) 4:00 Thankful Craft (1,3) 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">21</p>	<p>10:30 Awaken the Senses (5) 10:30 Exercise & Weights (1,2) 11:00 Feuding Families Feud Game 11:30 Turkey Bowling (2) 12:00 Linked Senior (1) 2:00 November Birthday Party (3,4,5) 3:00 Turkey Tail Bingo (4,6) 3:30 A Trip Down Memory Lane (6) 4:00 Puzzles on your Own (1)</p> <p style="text-align: right;">22</p>	<p>9:30 Top of the Morning & Good Morning Visits 10:30 Exercise (1,2) 11:00 Target Games (2,4) 11:30 Linked Senior (1) 2:00 Bingo (1,4) 3:30 Give out Bingo Prizes (3) 4:00 Word Mining (1) 4:30 Afternoon Stretches (2)</p> <p style="text-align: right;">23</p>	
<p>9:30 Top of the Morning & Good Morning Visits 10:30 Ascension Eucharistic Service AR (6) 11:30 Exercise (1,2,4) 12:00 Linked Senior (1) 2:00 Worship w/ Desiree AR (6) 3:15- 5:00 Movie Matinee-Resident Choice (4)</p> <p style="text-align: right;">24</p>	<p>10:30 Awaken the Senses (5) 10:30 Exercise Video (1,2) 11:00 Target Games (2) 11:30 EZ Category Trivia Slideshow 12:00 Linked Senior (1) 2:00 Craft w/ Adrienne Searle (6) 3:00 Bingo (1,4) 4:00 Puzzles on your own (1)</p> <p style="text-align: right;">25</p>	<p>10:30 Awaken the Senses (5) 10:30 Move & Groove Exercise 11:00 Java Music Club (1,4,5) 12:00 Linked Senior (1) 2:00 Bingo (1,4) 3:00 Place Categories & Trivia (1) 4:00 Short Stories (6) 4:30 Word Scrabbles (1)</p> <p style="text-align: right;">26</p>	<p>10:00 Sophie Visits (4,5) 10:30 Awaken the Senses (5) 10:30 National Geographic (8) 10:30 Catholic Mass AR (6) 11:00 Rosary-Legion of Mary (6) 11:30 Java Time LR (1,4,5) 2:00 Devotions w/ Dave AR (6) 3:00 Hang the Turkey Game & Hot Cider (1,4,5) 4:00 Tag Tom the Turkey Game (1) 4:30 Afternoon Stretch (2)</p> <p style="text-align: right;">27</p>	<p>Happy Birthday Karen! Happy Thanksgiving 9:00 Macy's Parade on TV 10:30 Hiking Over the River and Through the Woods- Exercise (2) 11:30 Unexpected Blessings Slideshow (1) 12:00 Turkey Day Trivia & Macy's Parade Triva (1) 2:00 Butterball Detective (1,4) 3:00 Thankfulness Word Mining (1) 4:00 Turkey Thanksgiving Day Puzzles</p> <p style="text-align: right;">28</p>	<p>10:30 Awaken the Senses (5) 10:30 Exercise & Weights (2) 11:00 Corn Hole (2,4) 12:00 Linked Senior (1) 2:00 TGIF Social (4,5) 3:00 POKENO (1) 4:00 Triband Game (1) 4:30 Afternoon Stretches (2)</p> <p style="text-align: right;">29</p>	<p>9:30 Top of the Morning & Good Morning Visits 10:30 Exercise (1,2) 11:00 Target Games (2,4) 11:30 Linked Senior (1) 2:00 Bingo (1,4) 3:30 Give out Bingo Prizes (3) 4:00 Puzzles on your Own (1)</p> <p style="text-align: right;">30</p>	

Any changes or additions will be noted in the Top of the Morning. Resident mail is delivered daily. Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity.

