

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 9:45 Meet & Greet (4) 10:30 Church of the Ascension Eucharistic Service C (6) 11:30 Brain Games (1,4) 2:00 Love Revival Church & Holiday Social AR (6)	2 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Iris (4,5) Bingo – Lily (1,4) Sensory Time/Fit Minds – Rose (1,5) 2:00 Make Holiday Ornaments w/ Stephanie AR (1,4) 3:00 Sing-Along (1,4,5)	3 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:30 Chair Zumba w/ Peggy AR (2,4) 11:30 Brain Games/Trivia (1,4) 2:00 Gingerbread Craft (3,4,5) 3:30 Sunroom Get-together (4) 6:30 Daybreak Singers Holiday Program AR (4,5,6)	4 9:45 Meet & Greet (4) 10:00 News Bits (1,6) 10:30 Catholic Mass w/ Father Daniel Malingumu AR (6) 11:30 Brain Games/Trivia (1,4) 2:00 "The J.O.Y. of Christmas w/ Dave AR (6) 3:00 Spa Time, Manicures & Movie Matinee (4,5,6)	5 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:30 "Scripture & Song Christmas Edition" w/ William Ethridge AR (6) 11:30 Brain Games (1,4) 2:00 JAVA Time – Rose (4,5) Bingo – Iris (1,4) Sensory/ Fit Minds – Lily (1,5) 3:30 Stroll & Small Talk (2,4) 6:00 Grand Illumination-Front Porch	6 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Lily (4,5) Bingo – Rose (1,4) Sensory Time/Fit Minds – Iris (1,5) 11:30 Brain Games (1,4) 2:00 Music with Mark AR (4,5,6) 3:30 Sunroom Get-together (4)	7 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:30 Twinkle Toes Dance Program AR (4,5,6) 2:00 Bingo w/ KOC AR (1,4) 2:30 Rosary w/ KOC AR (6)		
8 9:45 Meet & Greet (4) 10:30 Church of the Ascension Eucharistic Service C (6) 11:30 Brain Games (1,4) 2:00 Caroling in Halls St. Pius (4) 1:00 - 4:00 Afternoon Reminiscing (1,4) 1:00 Rose 2:00 Iris 3:00 Lily	9 <i>Happy Birthday Romero F.!</i> <i>Happy Birthday Janet T.!</i> 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Iris (4,5) Bingo – Lily (1,4) Sensory Time/Fit Minds – Rose (1,5) 2:30 Christmas Choir Program St. Benedict AR (4,5,6) 3:30 Sunroom Get-together (4) 6:30 Cub Scouts Caroling in Halls (6)	10 9:45 Meet & Greet (4) 10:00 Salem Elementary Caroling in Halls 10:00 News Bits, Music & History (1,4) 10:15 Morning Stretches & Beach Ball (2,4) 11:00 OMA & Artistry AR (3,5) 11:30 Brain Games/Trivia (1,4) 1:00 St Matthew Caroling in Hall (6) 2:00 Music w/ Eddie Sal AR (4,5,6) 3:30 Sunroom Get-together (4)	11 9:45 Meet & Greet (4) 10:00 News Bits (1,6) 10:30 Catholic Mass w/ Father Daniel Malingumu AR (6) 11:30 Brain Games/Trivia (1,4) 2:00 "Strings of Joy" w/ Amy Miller & Dave AR (6) 3:00 Spa Time, Manicures & Movie Matinee (4,5,6) 3:30 CHS Caroling in Halls	12 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:00 SPCA Pet Visits (4,5) 10:30 "The Spirit of Christmas: Carols & Reflection Anne & Chaplain Dave AR (6) 11:30 Brain Games (1,4) 2:00 JAVA Time – Rose (4,5) Bingo – Iris (1,4) Sensory/ Fit Minds – Lily (1,5) 3:30 Stroll & Small Talk (2,4) 6:00 Christmas Lights Drive w/ Rob (4,5,6)	13 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Lily (4,5) Bingo – Rose (1,4) Sensory Time/Fit Minds – Iris (1,5) 11:30 Brain Games (1,4) 2:00-4:00 Popcorn & A Movie AR (4,5,6)	14 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits, Music & History (1,4) 12:00 Hampton Roads Church of Christ Caroling in Halls (4) 1:00 Bingo -Rose (1,4) 2:00 Bingo-Iris (1,4) 3:00 Bingo-Lily (1,4)		
15 9:45 Meet & Greet (4) 10:30 Church of the Ascension Eucharistic Service C (6) 11:30 Brain Games (1,4) 2:00 Christmas Recital AR (4,5,6) 3:00 Gateway Church Caroling in Halls (4)	16 <i>Happy Birthday Ruth L.!</i> 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Iris (4,5) Bingo – Lily (1,4) Sensory Time/Fit Minds – Rose (1,5) 2:00 Beach Tones Entertain AR (4,5,6) 3:30 Sunroom Get-together (4)	17 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:30 Chair Zumba w/ Peggy AR (2,4) 11:00 Christmas Ornament Craft (1,4) 2:00 Holiday Songs w/ Frank AR (4,5,6) 3:30 Sunroom Get-together (4)	18 9:45 Meet & Greet (4) 10:00 News Bits (1,6) 10:30 Catholic Mass w/ Father Daniel Malingumu AR (6) 11:00 Rosary- Legion of Mary AR (6) 2:00 "Have No Fear, Jesus is Here" w/ Dave & Special Guest AR (6) 3:00 Spa Time, Manicures & Movie Matinee (4,5,6)	19 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:30 "Christmas from the Heart" w/ Pastor Bob & Dawn Freeman AR (6) 11:30 Brain Games (1,4) 2:00 JAVA Time – Rose (4,5) Bingo – Iris (1,4) Sensory/ Fit Minds – Lily (1,5) 3:30 Stroll & Small Talk (2,4)	20 <i>Happy Birthday Kay D.!</i> <i>Happy Birthday Mary Z.!</i> 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Lily (4,5) Bingo – Rose (1,4) Sensory Time/Fit Minds – Iris (1,5) 11:30 Brain Games (1,4) 2:00-4:00 Popcorn & A Movie (4,5,6)	21 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits, Music & History (1,4) 2:00 The VALRR Music Studio Perform Holiday Concert AR (4,5,6) Winter Begins		
22 <i>Happy Birthday Carolyn P.!</i> 9:45 Meet & Greet (4) 10:30 Church of the Ascension Eucharistic Service C (6) 11:30 Brain Games (1,4) 2:00 Christmas Worship Service w/ Desiree AR (6) 3:00 – 4:00 Afternoon Reminiscing (1,4) 3:00 Rose 3:20 Iris 3:40 Lily	23 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Iris (4,5) Bingo – Lily (1,4) Sensory Time/Fit Minds – Rose (1,5) 2:00 Resident Holiday Party and a visit from Mrs. Claus AR (4,5,6) 3:30 Sunroom Get-together (4)	24 <i>Happy Birthday Monique L.!</i> 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:15 Morning Stretches & Beach Ball (2,4) 11:00 OMA & Artistry AR (3,5) 11:30 Brain Games/Trivia (1,4) 2:00 Bingo AR (1,4) 3:00 Bingo Store AR (1,4,5)	25 <i>Merry Christmas</i> 10:00 Christmas Mass w/ Father Daniel Malingumu AR (6) 11:00 Opening of Angel Tree Christmas Presents 2:00 Christmas Movie "White Christmas" Christmas Hanukkah Begins	26 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:30 "You, Me, and the Christmas Tree" video w/ Pastor Max Lucado (6) 11:30 Brain Games (1,4) 2:00 JAVA Time – Rose (4,5) Bingo – Iris (1,4) Sensory/ Fit Minds – Lily (1,5) 3:30 Stroll & Small Talk (2,4) Boxing Day (Canada) Kwanzaa Begins	27 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Lily (4,5) Bingo – Rose (1,4) Sensory Time/Fit Minds – Iris (1,5) 11:30 Brain Games (1,4) 2:00 December Birthday Party AR (4,5,6) 3:30 Sunroom Get-together (4)	28 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:30 News Bits, Music & History (1,4) 1:00 Bingo -Rose (1,4) 2:00 Bingo-Iris (1,4) 3:00 Bingo-Lily (1,4)		
29 9:45 Meet & Greet (4) 10:30 Church of the Ascension Eucharistic Service C (6) 11:30 Brain Games (1,4) 1:00 -4:00 Afternoon Reminiscing (1,4) 1:00 Rose 2:00 Iris 3:00 Lily	30 9:45 Meet & Greet (4) 10:00 Morning Stretches (2) 10:15 News Bits, Music & History (1,4) 10:30 JAVA Time – Iris (4,5) Bingo – Lily (1,4) Sensory Time/Fit Minds – Rose (1,5) 2:00 Bingo AR (1,4) 3:00 Sing-Along AR (1,4,5)	31 9:45 Meet & Greet (4) 10:00 News Bits, Music & History (1,4) 10:15 Morning Stretches & Beach Ball (2,4) 11:00 OMA & Artistry AR (3,5) 11:30 Brain Games/Trivia (1,4) 2:00 Pre-New Year's Eve Party AR (4,5,6) New Year's Eve	 DECEMBER 2024 Christopher Center				LOCATION KEY: • Assembly Room (AR) • Chapel (C) ACTIVITY KEY: 1-Cognitive/Creative 2-Physical 3-Productive 4-Social 5-Sensory 6-Reflective 7-Outdoor 8-Nature	

Any calendar changes will be noted on the Top of the Morning in each Pavilion. *Resident mail is delivered daily. * Most activities are a minimum of 30 minutes long. All supplies are accounted before and after each activity