

# January 2025

## Nursing & Extensive Assisted Living

<p>9:30 Top of the Morning &amp; Good Morning Visits <b>10:30 Ascension Eucharistic Service AR (6)</b> 11:30 Exercise (1,2,4) 12:00 Linked Senior (1) <b>2:00 Love Revival Church (6)</b> 3:15- 5:00 Movie Matinee-Resident Choice (4)</p>	<p>10:30 Sensory Adventure (5) 10:30 Exercise Video (1,2) 11:00 Target Games (2) 11:30 January Modern Jeopardy Trivia (1,4) 12:00 Linked Senior (1) <b>2:00 Music w/ Linda &amp; Lyle (4,6)</b> 3:00 Snowman Hangman (1,4) 4:00 Puzzles on your own (1)</p>	<p>10:30 Sensory Adventure (5) 10:30 Move &amp; Groove Exercise 11:00 Target Games (2) 11:30 Travelogue Oxford England 2:00 Bingo (1,4) 3:00 Java Music Club (1,4,5) 4:00 Cookbook Day-All About Fannie Farmer-What's Your Favorite Recipe? (1,4,6) 4:30 Look up Recipes to Make in February (1,4)</p>	<p><b>Happy New Year 2025!</b> 9:30 Top of the Morning &amp; Good Morning Visits <b>10:30 Catholic Mass AR (6)</b> 11:00 A First Time for Everything 11:30 Exercise (2) 12:00 Linked Senior (1) 2:00 New Year's Bingo (1,3,4) 3:00 Categories- First (2,4) 4:00 New Year Puzzles on your own</p> <p style="text-align: center;">New Year's Day</p>	<p><b>10:30 Communion Service w/ Chaplain Dave AR (6)</b> 10:30 Mani &amp; Music (3,4,5) 11:30 Retro Game Shows (1,5) 12:00 Linked Senior (1) <b>2:00 Hot Chocolate, Toppings, History Hot Cocoa &amp; Reminisce</b> 3:00 Category Wheel of Fortune (1) 4:00 Word Scrambles (1,4) 4:30 Afternoon Stretch (2)</p>	<p>10:30 Sensory Adventure (5) 10:30 Exercise &amp; Weights (1,2) 11:30 Keep Watch Day-History of Wristwatches, Video &amp; Vintage Watches (1,4,6) 12:00 Linked Senior (1) <b>2:00 Music &amp; Cheese Social (3,4,5)</b> 3:00 Collage Junk Drawer Detective &amp; Who is Joe Friday? (1,4) 4:00 Puzzles on your Own (1)</p>	<p>9:30 Top of the Morning &amp; Good Morning Visits 10:30 Exercise (1,2) 11:00 Noodle Ball (2) 11:30 Billboard Day- Who are We? <b>2:00 KOC Bingo &amp; Rosary (1,4)</b> 3:30 Trivia Day- Slideshow (1,4) 4:00 Afternoon Stretches (2) 4:30 Give Out Bingo Prizes &amp; Funny Videos (3,5)</p>
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<p>9:30 Top of the Morning &amp; Visits <b>10:30 Church of the Ascension Eucharistic Service AR (6)</b> 11:30 Exercise (1,2,4) 12:00 Linked Senior (1) <b>2:00 Gateway Sunshine Community Group Service (6)</b> 3:00 Brain Games (1) 4:00 Puzzles on your Own (1)</p>	<p><b>Happy Birthday Donna! Happy Birthday Mary Jane!</b> <b>9:30 Aloha Nail Spa-Appointments Only</b> 10:30 Exercise Video (1,2) 11:00 Snowball Fights &amp; Games (2) 11:30 January Jeopardy Trivia 12:00 Linked Senior (1) 2:00 Bingo (1,4) 3:00 What's Your Verdict? (1,4) 4:00 BREWS Categories (1,4) 4:30 Afternoon Stretch (2)</p>	<p>10:30 Sensory Adventure (5) 10:30 <b>Chair Zumba w/ Peggy</b> 11:00 January Jeopardy Trivia 11:30 Wintertime Memories- Remembering the Flexible Flyer Sled Slideshow (1,4,6) <b>2:00 Music w/ Frank Sings Frank (4,6)</b> 3:00 The Billionaires Club (1,4) 4:00 Group Crossword (1,3,4) <b>4:30 Live Piano Music w/ Sherry</b></p>	<p><b>10:00 Sophie Visits (4,5)</b> 10:30 Sensory Adventure (5) <b>10:30 Catholic Mass AR (6)</b> <b>11:00 Rosary (6)</b> 11:30 Java Time LR (1,4,5) <b>2:00 Devotions w/ Dave</b> 3:00 Arts &amp; Crafts (1,3,4) 4:00 Linked Senior (1) 4:30 Afternoon Stretch (2)</p>	<p><b>10:30 Non-Denominational Service w/ Chaplain Dave AR</b> 10:30 Mani &amp; Music (3,4,5) 11:30 Retro Game Shows (1,5) 12:00 Linked Senior (1) 2:00 Java Music Club (1,4,5) 3:00 Star of the Month- Kevin Costner (1,4) 4:00 Fig Newton Day (1,4,5) 4:30 Afternoon Stretch (2)</p>	<p>10:30 Sensory Adventure (5) 10:30 Exercise &amp; Weights (1,2) 11:00 Target Games (2,4) 11:30 Snowflake Day-Make Snowflakes (1,3,4) 12:00 Linked Senior (1) <b>2:00 TGIF Social (3,4,5)</b> 3:00 Kid Invention Day- History of Inventions Puzzle &amp; Facts 9 (1,4) 3:30 Iron Butterfly Day-Music Quiz 4:00 Puzzles on your Own (1)</p>	<p>9:30 Top of the Morning &amp; Good Morning Visits 10:30 Exercise (1,2) 11:00 Target Games (2,4) 11:30 Linked Senior (1) <b>2:00 Bingo (1,4)</b> 3:30 Give out Bingo Prizes (3) 4:00 Word Mining (1) 4:30 Afternoon Stretches (2)</p>
<p>9:30 Top of the Morning &amp; Good Morning Visits <b>10:30 Church of the Ascension Eucharistic Service AR (6)</b> 11:30 Exercise (1,2,4) 12:00 Linked Senior (1) 2:00- 4:00 Movie Matinee- Resident Choice (4) 4:30 Afternoon Stretch (2)</p> <p style="text-align: center;">Activity Professionals Week</p>	<p>10:30 Sensory Adventure (5) 10:30 Exercise Video (1,2) 11:00 Target Games (2) 11:30 Martin Luther King- Jeopardy Trivia (1,4) 12:00 Linked Senior (1) <b>2:00 Snowman Craft w/ Stephanie) Activity Room (1,4,5)</b> 3:00 Roller Coaster Day-Fun Facts &amp; Virtual Roller Coaster (1,4) 4:00 Puzzles on your own (1)</p> <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p>10:30 Sensory Adventure (5) 10:30 Move &amp; Groove Exercise 11:30 Travelogue (1,4,8) <b>12:00 EAL Resident Council Meeting (3)</b> 2:00 Java Music Club (1,4,5) 3:00 Pokeno (1,4) 4:00 Squirrel Appreciation Day- Facts, Funny Video and More (1) 4:30 Word Mining (1,4)</p>	<p><b>10:00 Sophie Visits (4,5)</b> 10:30 Sensory Adventure (5) <b>10:30 Catholic Mass AR (6)</b> <b>11:00 Rosary (6)</b> 11:30 Java Time LR (1,4,5) <b>11:30 NF Resident Council Meeting</b> <b>2:00 Devotions w/ Dave (6)</b> 3:00 Bingo (1,4) 4:00 Linked Senior (1) 4:30 Afternoon Stretch (2)</p>	<p><b>10:30 Non-Denominational Service w/ Chaplain Dave AR</b> 10:30 Sensory Adventure 11:30 Art &amp; Music (1,3,4) 11:30 Retro Game Shows (1,5) 12:00 Linked Senior (1) <b>2:00 Root beer Floats (4,5)</b> 3:00 What am I -CC? (1,4) 4:00 Casablanca Day (1,4) 4:30 Afternoon Stretch (2)</p>	<p>10:30 Sensory Adventure (5) 10:30 Exercise &amp; Weights (1,2) 11:00 Bowling (2,4) 12:00 Linked Senior (1) <b>2:00 Ava &amp; Bryan Play the Golden Oldies (4,6)</b> 3:00 Marshmallow Month-Make Smore &amp;, Marshmallow Contest 4:00 Mad Libs: The Mail Order Outfit (1,4) 4:30 Afternoon Stretches (2)</p>	<p><b>Happy Birthday Emily!</b> 9:30 Top of the Morning &amp; Good Morning Visits 10:30 Exercise (1,2) 11:00 Target Games (2,4) 11:30 Linked Senior (1) <b>2:00 Bingo (1,4)</b> 3:30 Give out Bingo Prizes (3) 4:00 Puzzles on your Own (1)</p>
<p><b>Happy Birthday Norma!</b> 9:30 Top of the Morning &amp; Good Morning Visits <b>10:30 Ascension Eucharistic Service AR (6)</b> 11:30 Exercise (1,2,4) 12:00 Linked Senior (1) <b>2:00 Worship w/ Desiree AR (6)</b> 3:00 Game Time (2,4) 4:00 Puzzles on your own (1)</p> <p style="text-align: center;">Australia Day (Observed)</p>	<p>10:30 Sensory Adventure (5) 10:30 Exercise Video (1,2) 11:00 Target Games (2) 11:30 January More Jeopardy Trivia (1,4) 12:00 Linked Senior (1) 2:00 Chocolate Cake Day-Bake a Cake (1,3,4,5) 3:00 Category Wheel of Fortune (1) 4:00 Group Puzzles (1,4) 4:30 Afternoon Stretch (2)</p>	<p>10:30 Sensory Adventure (5) 10:30 <b>Chair Zumba w/ Peggy</b> 11:30 Who Am I AA? 12:00 Linked Senior (1) 2:00 Tea &amp; Trivia Tuesday (1,4,5) 3:00 Arts &amp; Crafts (1,3,4) 4:00 Group Crossword (1,3,4) <b>4:30 Live Piano Music w/ Sherry (6)</b></p>	<p><b>10:00 Sophie Visits (4,5)</b> 10:30 Sensory Adventure (5) <b>10:30 Catholic Mass AR (6)</b> <b>11:00 Rosary (6)</b> 11:30 Java Time LR (1,4,5) <b>2:00 Devotions w/ Dave</b> 3:00 Corn Chip Day- Corn Chip Social (1,4,5) 4:00 Linked Senior (1) 4:30 Afternoon Stretch (2)</p> <p style="text-align: center;">Chinese New Year (Year of the Snake)</p>	<p><b>Happy Birthday Ann!</b> <b>10:30 Non-Denominational Service w/ Chaplain Dave AR (6)</b> 10:30 Mani &amp; Music (3,4,5) 11:30 Retro Game Shows (1,5) 12:00 Linked Senior (1) 2:00 Bingo (2,4) 3:00 Hi-HO Silver Day- Lone Ranger (1) 4:00 Listen &amp; Sing Songs of Yesteryear (1,4) 4:30 Afternoon Stretch (2)</p>	<p>10:30 Sensory Adventure (5) 10:30 Exercise &amp; Weights (1,2) 11:00 Target Games (2) 11:30 Word Games (1,4) 12:00 Linked Senior (1) <b>2:00 January Birthday Party (3,4,5)</b> 3:00 Java Music Club LR (1,4,5) 4:00 Puzzles on your Own (1)</p>	<p><b>ACTIVITY KEY:</b> 1-Cognitive/ Creative, 2- Physical, 3-Productive, 4-Social,5- Sensory, 6-Reflective, 7-Outdoor, 8-Nature <b>LOCATION KEY:</b>AR-Assembly Room, LR-Living Room, C-Chapel</p>

Any changes or additions will be noted in the Top of the Morning. Resident mail is delivered daily. Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity