

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2025

Nursing & Extensive Assisted Living

9:00 Top of the Morning & Good Morning Visits
 10:30 Exercise (1,2)
 11:00 Noodle Ball (2,4)
 11:30 March IQ (1,4)
 12:00 Linked Senior (1)
2:00 KOC Bingo & Rosary (1,4)
 4:00 Puzzles on Your Own (1)

9:30 Top of the Morning & Good Morning Visits
10:30 Ascension Eucharistic Service AR (6)
 11:30 Exercise (1,2,4)
 12:00 Linked Senior (1,4)
2:00 Love Revival Church (6)
 3:15- 5:00 Movie Matinee-Resident Choice (4)

10:30 Sensory Adventure (5)
 10:30 Exercise Video (1,2)
 11:00 Target Games (2)
 11:30 Truth or Blarney
 12:00 Linked Senior (1)
2:00 Music w/ Linda & Lyle (6)
 3:00 Cranium Crunches (1,4)
 4:00 Puzzles on your own (1)

10:30 Sensory Adventure (5)
10:30 Chair Zumba w/ Peggy (2)
 11:30 Target Games (2)
 12:00 The Write Word Game: Merry Mardi Gras (1,4)
2:00 Mardi Gras Party (4,5)
 3:00 Travelogue- New Orleans- Mardi Gras (1,7,8)
 4:00 Beads Categories (1,4)
 4:30 Finish Mardi Gras Song Lyric

10:30 Sensory Adventure (5)
10:30 Catholic Mass -Ash Wednesday AR (6)
 11:00 Rosary (6)
 11:30 Java Time (1,4,5)
 2:00 **Devotions w/ Dave (6)**
 3:00 Movie Character Guess Who?
 4:00 It's Not Easy Being Green (1)
 4:30 Things that are Green (1,4)

10:30 Communion Service (6)
 10:30 Sensory Adventure (5)
 11:30 Spring Flower Craft (1,3)
 11:30 Exercise (2)
 12:00 Linked Senior (1)
2:00 St. Patty's Crafts w/ Stephanie (1,3)
 3:00 Bingo (1,4)
 4:00 St Patty's Riddles (1,4)
 4:30 Afternoon Stretch (2)

10:00 Sensory Adventure LR(5)
 10:00 Java Music Club (1,4,5)
 11:00 Target Games (2,4)
 12:00 Linked Senior (1)
2:00 Shamrock Ice Cream Floats
 3:00 Ticklish Trivia Game (1,4)
 4:00 Do Not Pass Go Day-Facts, & Fun Things About Monopoly (1,4)
 4:30 Beatles Word Match (1,4)

Happy Birthday Catherine B!
 9:30 Top of the Morning
 10:30 Exercise (1,2)
 11:00 Target Games
 11:30 Star of the Month-Anthony Quinn-Slideshow (1,4,6)
 12:00 Linked Senior (1)
2:00 Bingo (1,4)
 3:00 Mixed up Movie Titles (1,4)
 4:00 Puzzles on your own (1)

9:30 Top of the Morning & Visits
10:30 Church of the Ascension Eucharistic Service AR (6)
 11:30 Exercise (1,2,4)
 12:00 Linked Senior (1)
2:00 Gateway Sunshine Community Group Service (6)
 3:00 Music & Reminisce (1,6)
 4:00 Puzzles on your Own (1)
Daylight Saving Time Begins

9:30 Aloha Nail Spa Appt Only
 10:30 Exercise Video (1,2)
 10:30 Sensory Adventure (5) LR
 11:00 Bowling (2,4)
 11:30 March Random Trivia (1,4)
 12:00 Linked Senior (1)
 2:00 Bingo (2,4)
 3:00 Food for Thought The Classic Oreo & Eat Some Oreos (1,4,5)
 4:00 Word Games 4:30 Music

Happy Birthday Jeanne!
 10:30 Sensory Adventure (5)
 10:30 Move & Groove Exercise
 11:00 Target Games (2)
 11:30 It's "Wunnerful, Wunnerful"
 2:00 Make Irish Tea Cake & Remembering the Luck of the Irish
 3:00 A Show of Hands Program (1)
 4:00 Linked Senior (1,4)
4:30 Piano Music w/ Sherry (4,6)

10:30 Sensory Adventure (5)
10:30 Catholic Mass AR (6)
 11:00 Rosary (6)
 11:30 Java Time (1,4,5)
 2:00 **"Hearts & Hands: Regent University Students in Ministry"**
 3:00 Food for Thought-Expresso Program and Drink some Coffee
 4:00 Chicken Soup for the Soul (1)
 4:30 Afternoon Stretches (2)

Happy Birthday Eric!
10:30 Special Guest Thursday
 10:30 Mani & Music (3,4,5)
 11:30 Retro Game Show (1,6)
 12:00 Linked Senior (1)
 2:00 Baking & Cooking- Cherry Pie Cups & Your Favorite Recipes (3,5)
 3:00 Jeopardy Trivia (1,4)
 4:00 Donald Duck Day-Fun Facts
 4:3 Afternoon Purim Begins Stretch (2)

Happy Birthday Clark!
 10:00 Sensory Adventure LR(5)
 10:00 Java Music Club (1,4,5)
 11:00 Target Games (2,4)
 12:00 Linked Senior (1)
2:00 Musical Memories w/ Adrienne & Bernie AR (6)
 3:00 A Wee Bit O' Irish Humor (1)
 4:00 Puzzles on your own (1)

9:30 Top of the Morning
 10:30 Exercise (1,2)
 11:00 Target Games-Tug-a-War
 11:30 Finish the Bible Line (1,4)
 12:00 Linked Senior (1)
2:00 Bingo (1,4)
 3:00 Give out Bingo Prizes (3)
 3:30 Short Stories (1)
 4:00 Word Scramble (1,4)
 4:30 Creative Coloring-Robins

9:30 Top of the Morning & Good Morning Visits
10:30 Church of the Ascension Eucharistic Service AR (6)
 11:30 Exercise (1,2,4)
 12:00 Linked Senior (1)
 2:00- 4:00 Movie Matinee- Resident Choice (4)
 4:30 Afternoon Stretch (2)

10:30 Sensory Adventure (5)
 10:30 Exercise Video (1,2)
 11:00 Target Games (2)
 11:30 Interesting Facts about Ireland (1,4)
 12:00 Linked Senior (1)
2:00 St Patrick's Day Party(4,5)
 3:00 St Patrick Word Mining (1,4)
 4:00 Puzzles on your own (1)
St. Patrick's Day

10:30 Sensory Adventure (5)
10:30 -Chair Zumba w/ Peggy (2)
 11:30 Target Games (2)
 12:00 Linked Senior (1)
12:00 EAL Resident Council (3)
2:00 Sweet Inspirations Bayside Church Choir Performs (4,6)
 3:00 Junk Drawer Detective (1,4)
 4:00 Table Golf (2,4)
 4:30 Word Games (1,4)

10:30 Sensory Adventure (5)
10:30 Catholic Mass AR (6)
 11:00 Rosary (6)
 11:30 Java Time LR (1,4,5)
11:30 NF Resident Council (3)
 12:00 Linked Senior (1)
 2:00 **Devotions w/ Dave (6)**
 3:00 Bingo (1,4)
 4:00 If you Could...? (1,4)
 4:30 Afternoon Stretches (2)

10:30 Non-Denominational Service w/ Chaplain Dave AR
 10:30 Sensory Adventure (5)
 11:30 Spring Tree Blossom Q-tip 1
 11:30 Retro Game Shows (1,5)
 12:00 Linked Senior (1)
 2:00 More Jeopardy Trivia Slideshow (1,4)
 4:00 Music & Reminisce (1,6)
 4:30 Afternoon Spring Begins Stretch (2)

10:00 Sensory Adventure LR(5)
 10:00 Java Music Club (1,4,5)
 11:00 Target Games (2,4)
 12:00 Linked Senior (1)
 2:00 TGIF Social (4,5)
2:00 Joy Ride w/ Rob (7,8)
 3:00 March Ponderings (1,4,6)
 4:00 Word Games (1,4)
 4:30 Afternoon Stretch (2)

9:30 Top of the Morning & Good Morning Visits
 10:30 Exercise (1,2)
 11:00 Target Games (2,4)
 11:30 Stand Categories (1,4)
 12:00 Linked Senior (1)
2:00 Bingo (1,4)
 3:00 Frozen Foods Word Mining (1)
 4:00 Puzzles on your own (1)

9:30 Top of the Morning & Good Morning Visits
10:30 Ascension Eucharistic Service AR (6)
 11:30 Exercise (1,2,4)
 12:00 Linked Senior (1)
 2:00- 4:00 Movie Matinee- Resident Choice (4)
 4:00 Puzzles on your own (1)

10:30 Sensory Adventure (5)
 10:30 Exercise Video (1,2)
 11:00 Target Games (2)
 11:30 Remembering Grooming Products- Slideshow (1,4,6)
 12:00 Linked Senior (1)
2:00 Beach Tones Perform (6)
 3:00 Bingo (1,4)
 4:00 Word Scrambles (1,4)
 4:30 Creative Coloring (1)

10:30 Sensory Adventure (5)
 10:30 Move & Groove Exercise
 11:00 Target Games (2)
 11:30 Sing and Spin: Academy Award Songs)1,4,6)
 2:00 Travelogue- Cruising the Nile (1,7,8)
 3:00 Flour Categories (1,4)
 4:00 Linked Senior (1,4)
4:30 Piano Music w/ Sherry (4,6)

10:30 Sensory Adventure (5)
10:30 Catholic Mass AR (6)
 11:00 Rosary (6)
 11:30 Java Time (1,4,5)
 12:00 Linked Senior (1)
 2:00 **Devotions w/ Dave (6)**
 3:00 Red Cross Month-Who Am I?
 4:00 POKENO (1,4)
 4:30 Afternoon Stretches (2)

10:30 Non-Denominational Service w/ Chaplain Dave AR
 10:30 Sensory Adventure (5)
 11:30 Art & Crafts (1,3,4)
 11:30 Retro Game Shows (1,5)
 12:00 Linked Senior (1)
 2:00 Cake in a Box Month- Cake Mix Oatmeal Cookies (1,3,5)
 4:00 Take the Cake -Wordsearch
 4:30 Afternoon Stretch (2)

Happy Birthday Geri!
Happy Birthday Carole!
 10:00 Sensory Adventure LR(5)
 10:00 Java Music Club (1,4,5)
 11:00 Target Games (2,4)
 12:00 Linked Senior (1)
2:00 March Birthday Party (4,5)
 3:00 Modern Jeopardy Trivia-Slideshow (1,4)
 4:00 Puzzles on your own (1)

9:30 Top of the Morning
 10:30 Exercise (1,2)
 11:00 Target Games (2,4)
 11:30 Where Am I US-NM (1,4)
 12:00 Linked Senior (1)
2:00 Bingo (1,4)
 3:00 Give out Bingo Prizes (3)
 3:30 Read Lion & Lamb Story (1)
 4:00 Eiffel Tower's Birthday-Facts
 4:30 What's Your Favorite Song?

9:30 Top of the Morning & Good Morning Visits
10:30 Church of the Ascension Eucharistic Service AR (6)
 11:30 Exercise (1,2,4)
 12:00 Linked Senior (1)
 2:00- 4:00 Movie Matinee- Resident Choice (4)
 4:30 Afternoon Stretch (2)

10:30 Sensory Adventure (5)
 10:30 Exercise Video (1,2)
 11:00 Linked Senior (1)
 11:30 Bowling (2,4)
 2:00 Bingo (1,4)
 3:00 Word Games (1)
 4:00 Puzzles on your own (1)

ACTIVITY KEY:
 1-Cognitive/ Creative, 2- Physical, 3-Productive, 4-Social, 5- Sensory, 6-Reflective, 7-Outdoor, 8-Nature

LOCATION KEY:
 AR-Assembly Room, LR-Living Room, C-Chapel



Any changes or additions will be noted in the Top of the Morning. Resident mail is delivered daily. Most activities are a minimum of 30 minutes long. All supplies are accounted for before and after each activity.